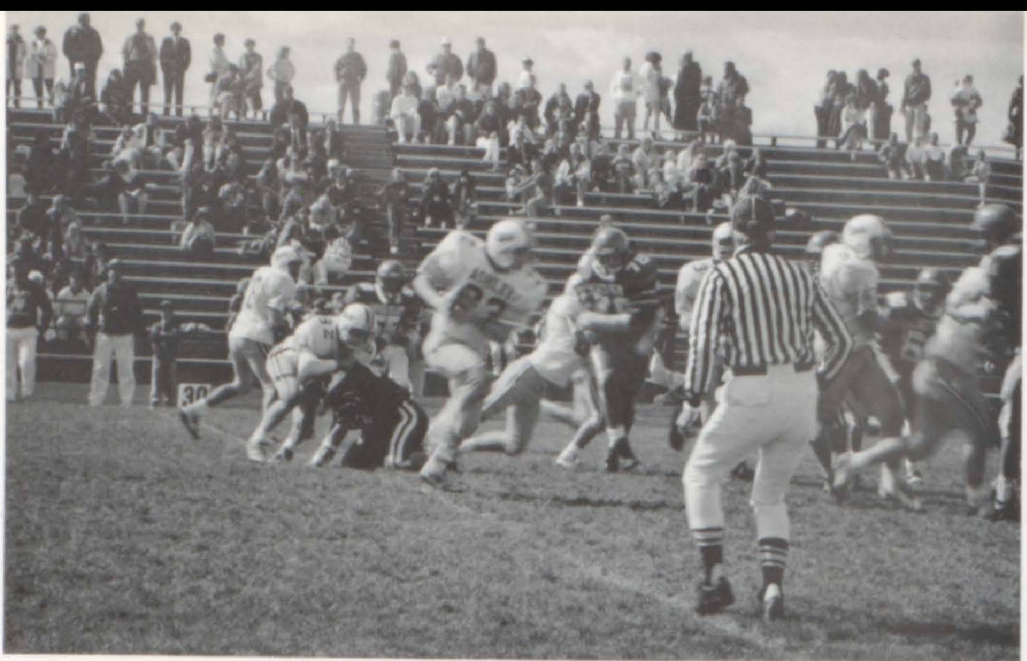


GO, JIM, GO!!! Jim Drummond rushes around the end during the game at Mt. Pleasant Sacred Heart. The Bears went on to an easy win, 26-0.



K. Lytle

We're Burning Daylight, Boys!

Boys Push Limit To Get In Shape, Even Getting Sick At Times

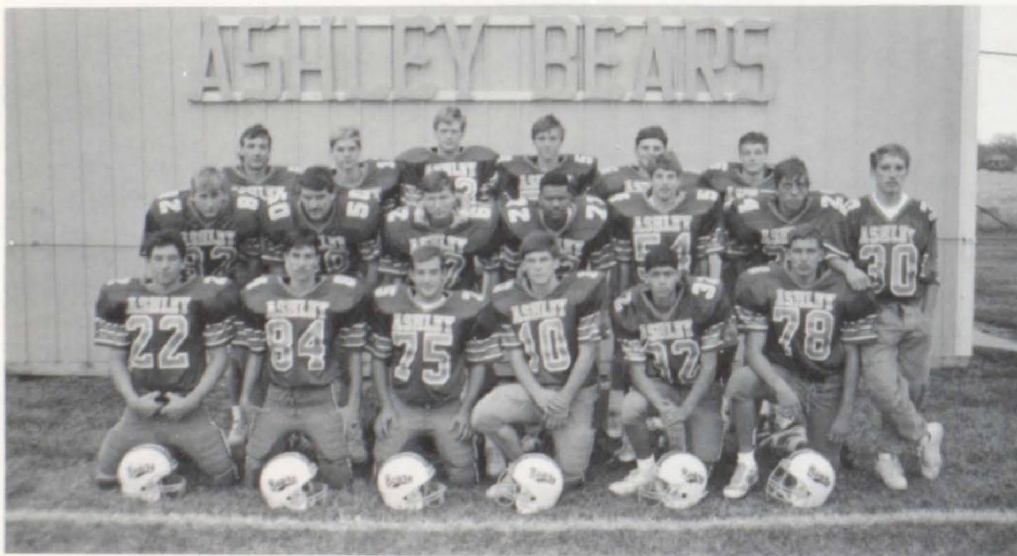


“ I think we did awesome for our JV season and I can't wait until this upcoming season! ”
Mike Worden

Imagine the hot burning summer sun beating down on you in your full football uniform as you make your way around the field for the third or fourth time, trying to complete a full mile. AHS football players are very good at imagining this; they do it often.

Running the mile is a very big part of practice. They do other running, including wind sprints, but the mile is certainly the hardest and most dreaded. "The best part," claims varsity player Dominic Lowe, "is watching the freshmen go over to the bushes and puke after they're done!"

But the running proves to work. AHS has some of the fastest football players in our district, and they definitely don't get their speed from sitting around on their rear ends!



J. Ortman

Front row: Jim Drummond, Joe Merignac, Tim Bush, Chris Sosebee, C.J. Lowe, Matt Miller
Middle row: Bryan Howe, Brandon Malek, Jim Fabus, Monchea Robinson, D.J. Denman, Chad Good, Adam Palmatier
Back row: Tom Powelson, Cory Gavenda, Kevin Klatt, Bill Good, Kevin Saylor, Duane Saylor.

WE LIKE TO ... BOOGIE ALL THE TIME! Jamey Bearden and Bob Mason show their soft side by dancing up a storm at one of their games.